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**Transformational Dentistry | Sunday 6th June 2021 | 9.30am - 12.30pm**

For more information please contact : [info@womendentistsnetwork.co.uk](mailto:info@womendentistsnetwork.co.uk)

# Women Dentist Network

## About

The Women Dentists Network was founded as an opportunity to support women dentists to follow their passions, overcome challenges and excel at the forefront of all areas in dentistry including clinical practice, specialisation, professional bodies, education, research, industry, government.

## Vision

Create and foster a professional environment within the dental sector that is fair, equitable and inclusive for all.

## Aim

To help women dentists overcome their personal and professional challenges by providing a supportive, inclusive network and forum to address issues such as wellbeing, inclusion and career development.

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# Dr Jenny Pinder

## Welcome & Introduction

Dr Jenny Pinder qualified in dentistry in 1971 and went on to practice in the City of London. She gained additional qualifications in psychology and developed an interest in treating anxious patients.

She was a founding member of Women in Dentistry and has spent time working with numerous professional dentistry bodies.

Jenny recently retired and now spends much of her time on professional ancestry research.



# Professor Farida Fortune

## Dentistry Post Covid



Professor Fortune is Professor of Medicine in relation to Oral Health in the Centre for Clinical and Diagnostic Oral Sciences (CDOS). She graduated in both Dentistry and Medicine from University College, University of London. In 1992 she obtained her PhD in University of London. She is on the specialist register for Oral Medicine in Dentistry (GDC), and Immunology in Medicine (GMC). She was appointed Senior Lecturer in Immunology and Honorary Consultant in Oral Medicine at UMDS (Guys and St Thomas Hospital). In 1998 she was conferred the title of Professor of Oral Medicine at Leeds University.

In 2002 Professor Fortune was recruited to the position of Professor of Medicine in Relation to Oral Health at Queen Mary. She had previously held the positions of Head of Oral Medicine at Leeds University and Senior Lecturer in Immunology and Honorary Consultant in Oral Medicine at the United Medical and Dental Schools of Guy's and St Thomas' Hospitals.

She was appointed as The Dean and Head and Institute Director of Dentistry for Dentistry at Barts and The London in 2007-2013. She has extensive experience in teaching within both the undergraduate and postgraduate sector. Her expertise is in curriculum development, assessment methodology and quality assurance. She works in these areas both in the UK and abroad. She chaired Royal College of Surgeons examination committee for a number of years. She has been seminal in the reintroduction of the LDS RCSEd, which was the first licensed examination in Dentistry. She is one of the founding members of Inter-professional Education Network of Royal Society of Medicine 2013; Member of (UKHEAC) UK Healthcare Education Advisory Committee.

She works extensively with local communities and mentors' doctors, dentists and scientists trying to navigate the complex environments of the HEIs and NHS.

### Aims & Objectives

# Dr Linda Greenwall -Transforming Smiles with Additive Dentistry



Dr Greenwall is a Prosthodontist and Specialist in Restorative Dentistry. She lectures in the UK and internationally on tooth whitening, aesthetic dentistry, practice management and inspirational talks. As well as running a multidisciplinary private practice in Hampstead, London, she is a founder member and past Chair of the British Dental Bleaching Society (2008-2013), past chair of the Alpha Omega Society (2012/13), Editor-in-Chief of the journal *Aesthetic Dentistry Today*, and is past President of the Metropolitan London Branch of the British Dental Association (2015/2016). In March 2016 she was awarded the FMC Award for Outstanding Contribution to Dentistry. Linda also helps mentor aspiring dentist achieve their dream of starting dental school.

Her first book, *Bleaching Techniques in Restorative Dentistry*, won the award for Best New Dental Book in 2001 – the new edition of this book, *Tooth Whitening Techniques*, was published in May 2017. Her book *Success Strategies for the Aesthetic Dental Practice* was published by Quintessence in 2011 together with Practice Management Consultant Dr Cathy Jameson. She has written many papers for scientific journals.

In 2011, Dr Greenwall established the Dental Wellness Trust Charity which has the motto “Oral Health through Dental Wellness. The charity runs innovative oral health programmes to the less fortunate Communities and reaches over 15 000 children daily in the townships of South Africa and over 3,500 school children in London, Luton, and South East England.

In June 2017 she was honoured by the Queen in her birthday honours to receive the British Empire Medal for her Service to Dentistry in the UK and Abroad. The medal ceremony was held on 17 November 2017 at the Tower of London and then she attended the Garden Party at Buckingham Palace in 2018.

**Course Description:** Our Diet and lifestyles contribute to our change in oral health. More patients are being seen with severe tooth wear, whether it is from acid erosion, grinding or enamel defects. Dentists often find embracing new techniques a challenge and implementing change in practice with the team and patients is of great concern. In this lecture series, Linda will combine her knowledge with enthusiasm and passion to provide delegates with strategies and knowledge to diagnosis, treatment plan and restore tooth wear patients using the minimal invasive 3 step additive technique.

**The aim:** Is to provide delegates with the knowledge and understanding of minimal invasive dentistry and tooth wear. Which will enable dentist to be able to successfully diagnosis, treatment plan and restore tooth wear patients with tooth wear.

**Objectives:** 1. Diagnose Tooth Wear 2. Comprehensive treatment planning for all patients with Tooth wear which includes laboratory work. 3. Demonstrate excellent communication skills with patients so they are full understanding of their treatment 4. Be able to communicate with the laboratory the correct stents and models required for treatment 5. Discuss how tooth whitening, bondings and 3 step additive technique can restore in a minimal invasive way.



# Dr Claire Nightingale

## Tackling snoring and Obstructive sleep apnoea

### How dentists can help



Claire Nightingale, a highly experienced and multiple prize winning orthodontist, including “Orthodontist of the Year, London, 2019” in the GHP Private Healthcare Awards, decided to become an orthodontist at the age of 12, having been inspired by experiencing fantastic care from her own dentist. She then qualified as a dentist over 30 years ago, from Newcastle University and completed her specialist training as an orthodontist in 1996, at Bristol University. She is the owner of Queens Gate Orthodontics and combines private practice in South Kensington with an NHS Consultant post at Watford General Hospital.

She has treated thousands of children and adults with fixed braces, and over three hundred patients with Invisalign. In addition to routine orthodontics, her special interests include working with jaw (orthognathic) surgeons to treat people with facial deformity and to relieve the symptoms of obstructive sleep apnoea.

Claire was awarded “Orthodontist of the Year, London” 2019 - 2020 in the GHP Healthcare Awards and is President of the London Dental Fellowship, 2019 - 2020.

She is passionate about orthodontics, and when not treating patients, she is busy lecturing to dental societies, writing textbooks, and training dentists to become orthodontists. At other times, she is running around after her three children and two cats and occasionally gets to play her piano.

- Aims:
  1. To explain the importance of achieving a good night's sleep
  2. To demonstrate how patients are assessed for being at risk of suffering from obstructive sleep apnoea (OSA)
  3. To discuss the role of mandibular advancement splints and orthognathic surgery in managing obstructive sleep apnoea
- Learning Objectives:
  - At the end of the presentation the listener will know how to:
    1. Identify patients who at risk of suffering from OSA
    2. Counsel patients to reduce their risks of suffering from OSA
    3. Provide mandibular advancement splints
    4. Refer patients for specialist advice

# Dr Seema Sharma

## Building & Growing your practice



Seema is the founder of the Smile Impressions Group of Dental practices, a partner at William Place Dental and Cosmetic Practice and the Managing Director of Dentabyte, her practice management consultancy.

Born in Zambia and educated at the International School of Lusaka (ISL), then at Roedean School for Girls in Brighton, Seema qualified as a dentist from Guys Hospital in 1989. She practised in East London for 20 years, and has established several entrepreneurial start-up dental practices in and around London, winning several early business awards for the rapid growth of her dental practice in Docklands. She cites receiving a business award from Richard Branson at the age of 28 as one of her most memorable career moments.

Typifying her “can-do” attitude, Seema founded her charity Child Action, after visiting Mumbai to star in Channel 4's only overseas episode of Secret Millionaire. Since the charity was founded in 2010, Child Action has made charitable donations of over £350K to support the education and personal development of underprivileged slum and street children in India.

As well as fundraising for 3 grassroots charities in India, Seema strives to inspire young people in the UK to embrace social entrepreneurship. She facilitated and project managed an innovative collaboration between Child Action and the British Asian Trust, one of the Prince's charities, resulting in the roll out of Enterprise 4 Change, an innovative web-based teaching resource to spark social entrepreneurship throughout junior schools in the UK.

In 2014 Seema undertook a Postgraduate Certificate in Dental Education and spent one year as Honorary Lecturer in Healthcare Entrepreneurship and Management at the Dental Institute, King's College London, supporting the establishment of a leadership and management curriculum.

In recent years Seema's interests have diversified into management training and business strategy, and she completed a 2 year Executive MBA programme at Imperial Business School, London (2014 - 2016).

Seema is married to Sanjay Sharma, Professor of Cardiology at St Georges Hospital, and they have 2 daughters.



# Dr Jaimini Vadgama

## Building Implant Dentistry Aspect of your Practice



Dr Jaimini Vadgama qualified from King's College London in 2012 and works in private practice in Kent. During her foundation training she gained a Postgraduate Certificate in Primary Dental Care from the University of Kent alongside passing membership examinations for the Faculty of Dental Surgery at the Royal College of Surgeons Edinburgh. She gained her MSc in Implant Dentistry from the University of Warwick in 2017.

She is a member of the teaching faculty at Brighton and Sussex Medical School on their new MSc in Dental Reconstructive Implant Surgery and was involved in the development and teaching of the pilot module on Emerging Technologies. She has a broad general practice providing general dentistry with a special interest in digital and laser dentistry as well as facial aesthetics and comprehensive orthodontics.

She is deeply invested in the concept of digital dentistry and its application in everyday dental practice within implantology, orthodontics and digital smile design. As a key opinion leader for 3Shape and Novux she has significant experience in implementing fully digital workflows for guided implantology, in-house production of surgical guides, orthodontic aligners and one-visit CEREC implant restorations.

Jaimini is passionate about promoting digital and implant dentistry and inspiring, mentoring and engaging women to excel in these fields and to aim for prominent teaching and lecturing positions where women are still underrepresented.

# Dr Sonia Joshi



Dr. Sonia Sinha Joshi qualified from Guy's, King's & St Thomas' Medical and Dental School in 2002. Dr. Joshi graduated with distinction and was awarded numerous prizes including those for: Oral Surgery, Oral Medicine, Restorative Dentistry and Periodontics. Following this, Dr. Joshi was nominated for the prestigious University of London gold medal.

After completing a hospital position in Oral Surgery and Restorative Dentistry, Dr. Joshi worked in the Community Dental Services and Private Practice gaining membership to the Royal College of Surgeons of England during this time. Dr. Joshi subsequently completed her post graduate training in Periodontics which included a Masters in Clinical Dentistry (MClinDent), Master of Restorative Dentistry (MRD) & MSc. in Periodontics and was presented with the Clinical Fellowship Award from the British Society of Periodontology for excellence in her field.

Currently, Dr. Joshi works at 90 Harley Street as a Registered Specialist in Periodontics where her main focus lies in the management of complex periodontal conditions, mucogingival surgery, hard and soft tissue management, peri-implantitis and an integrated approach to complex multi-disciplinary patient care.

Dr. Joshi's main interest lies in supporting patients in a holistic way by integrating all aspects of their oral and systemic health needs to help establish and maintain optimal oral health.

# Dr Uchenna Okoye

## Smile Make over shows – Behind the scenes



Dr Uchenna Okoye qualified at the prestigious Guy's Hospital, London and has a special expertise and interest in Cosmetic Dentistry.

She is the Clinical Director of London Smiling Dental Group and one of an elite group of dentists with membership in both the American Academy of Cosmetic Dentistry and the British Academy of Cosmetic Dentistry. Previously on the board of the British Association of Cosmetic Dentistry, Dr Okoye now lectures and works closely with Aesthetic dentists in the USA to ensure her clients have the best of all cutting edge techniques available in the world.

She has completed extensive training in Aesthetic Dentistry in the USA including at the New York University (Rosenthal Institute) up to Masters level

As an honorary clinician at St George's Hospital London she routinely dealt with complex cases referred by other dentists and brings this expertise to her clients general dentistry needs.

Beyond running her own multi-clinic practice, Dr Okoye appears often on television and radio and is a frequent contributing expert on the health panels of multiple boards and magazines. She is the official dentist of Channel 5's

makeover programme 10 Years Younger.

# Miss Helen Witherow



Helen Witherow is an Oral and Maxillofacial surgeon with dual qualifications in Medicine and Dentistry. She has specific interests in Facial Aesthetics, and treats both congenital and acquired deformity in adults and children. She has specific interest in Orthognathic , Craniofacial and Skin cancer and has a regular complex Cranio-Orbito facial Multidisciplinary clinic. Helen is a core member of the Skull base and skin Multidisciplinary team. She also runs a weekly Botox clinic for treating patients with dystonias and sialorrhoea. She welcomes patients with all complex facial deformity but is also happy to see patients with oral pathology.

Helen Witherow qualified in Dentistry in Birmingham in 1984 and Medicine in Bristol in 1993. Her training has included facial plastic surgery and all aspects of maxillofacial surgery.

She specialised in Craniofacial surgery and undertook a Craniofacial Fellowship at Great Ormond Street Hospital.

Helen has published widely in peer reviewed journals on Craniofacial surgery, aesthetics, and orthognathic surgery. She is the Training program director for Maxillofacial surgery for South London.

Her qualifications are BDS (Birmingham), FDS RCS (Eng), FRCS (Eng), FRCS (OMFS Eng)